

## SERVED 8AM -11AM EVERYDAY

Breakfast bowl	8
Trewithan Cornish Natural Yogurt, Muesli, Granola, Apple, Banana, Mixed Berries, Honey	
Bacon & Egg Sandwich	10
Vicky's Bread, Cornish Bacon, Egg, Rocket	
Small Cornish	11
Thickcut Bacon, Sausage, Egg, Toast Grilled Tomato, Portobello Mushroom,	
Full Cornish	15
Thickcut Bacon, Sausage, Hogs Pudding, Beans, Black Pudding, Grilled Tomato, Portobello Mushroom, Egg, Toast	
Smoked fish of the day from Newlyn Poached eggs, Wilted Spinach, Pilaf Rice	14
Smashed avocado & Poached Eggs	12
Vickys Toasted Bread, Chilli Salt	
VEGGIE BREAKFAST ( PLANT BASED)	13
Falafels, Beetroot Pudding, Beans, Tomato, Mushroom, Greens, Toast Add Egg £3	
Freshly baked pastry £3 each (subject to availability)	
Butter Croissant, Jam, Butter Pain Au Raisin Pain Au Chocolate Toast & Jam	

ASK FOR CHILDREN'S MENU